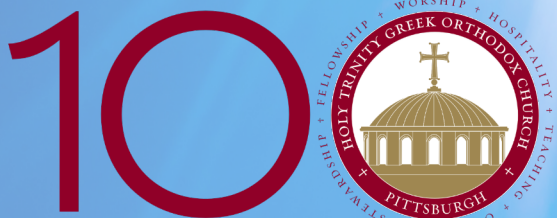


HOLY TRINITY PILGRIMAGE MINISTRY



CENTENNIAL PILGRIMAGE

1923 · CENTENNIAL · 2023

Bright Week
April 17-24, 2023

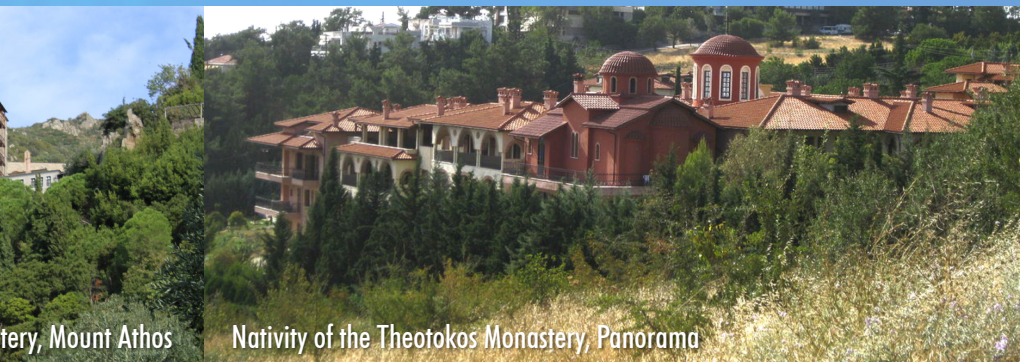
MONASTERIES AND MORE!

A Unique Pilgrimage of Spiritual
Renewal and Adventure for Couples

Specially designed for men and women
to experience the Monasteries,
Saints, Holiness, History and Culture
of Mount Athos and Thessaloniki



Simonopetra Monastery, Mount Athos



Nativity of the Theotokos Monastery, Panorama



Thessaloniki Waterfront



Museum of Byzantine Culture

Immerse yourself in a week of faith, prayers and history!

The ancient monasteries of Mount Athos are a spiritual center of the Orthodox world...but they are for men only. So how can women experience those blessings, too? And how can couples enjoy a spiritual journey of a lifetime and be blessed by both time apart and time together? Read on!

This pilgrimage will start with couples touring Thessaloniki, then an overnight stay at Ouranoupolis, the gateway to the Holy Mountain. The next morning the men will board the ferry for a three-night trip to the monasteries of Mount Athos, while the women will take a morning guided boat cruise along the Athos coast to see these historic centers of spiritual life in person from the water. The women will then return to Thessaloniki for a three-night stay at the Nativity of the Theotokos Monastery in Panorama to experience the life of Athos at an amazing women's monastery, with day trips to explore the area.

After their separate monastery stays, the couples will converge again for a two-night stay at the Makedonia Palace Hotel on the Thessaloniki waterfront. Highlights for the last two days include a pilgrimage to the tomb of Saint Paisios and time to explore the Museum of Byzantine Culture. St. George Liturgy and dinners in Thessaloniki complete the adventure!



Act quickly! Space is limited! Deposit due February 15. Full payment due March 15.
See information on reverse or visit HolyTrinityPgh.org/pilgrimage

MONASTERIES AND MORE!

**Bright Week:
April 17-24, 2023
Christ is Risen!**

ITINERARY

Mon. Apr. 17 Travel	Depart Pittsburgh (overnight trans-Atlantic flight). Layover in Munich.	Fri. Apr. 21 Monastery Day 3	Men: Mount Athos: Hike, visit, pray and stay at next monastery. Visit Panagouda (house of St. Paisios). Women: Experience day in the life of the Monastery and celebrate evening vigil for the Theotokos "Zoodohos Peghe."
Tue. Apr. 18 Tour	Arrive in Thessaloniki. Private coach guided tour of city, then transfer to Ouranoupolis for couples dinner and overnight at hotel.	Sat. Apr. 22 Return to Thessaloniki	Men: Ferry back to Ouranoupolis, then transport to Panorama. Women: Breakfast at Monastery then depart with whole group to Tomb of St. Paisios at Souroti, then check in at Thessaloniki hotel.
Wed. Apr. 19 Monastery Day 1	Men: Ferry to Mt. Athos and first monastery. Women: Boat tour of Mt. Athos, visit St. Arsenios Monastery then arrive at Nativity of the Theotokos Monastery in Panorama.	Sun. Apr. 23 Liturgy and Free Day in Thessaloniki	St. George Sunday Liturgy, then couples day around Thessaloniki, including Byzantine museum, waterfront, shopping and dinner in historic Ladadika district.
Thu. Apr. 20 Monastery Day 2	Men: Mount Athos: Hike, visit, pray and stay at next monastery. Women: Morning and evening services at Monastery. Day trip to the beautiful and historic churches of Thessaloniki.	Mon. Apr. 24	Morning flight back to Pittsburgh.

TRIP DETAILS

Host	This trip is an offering of the Pilgrimage Ministry of Holy Trinity Greek Orthodox Church, Pittsburgh, PA. The guides for the pilgrimage will be Father and Presvytera Becky John Touloumes. Professional tour arrangements are being handled by Cloud Tours.
Requirements	Because of strict, traditional practices and physical requirements of travel on Mount Athos, all male participants must be Orthodox Christian adult males (18 or over) with proof of baptism and the ability to walk for extended periods on rough-terrain paths. All female participants must be able to walk for extended periods and be able to attend early morning services and the late night vigil.
Trip Size	Due to capacity limitations on Mount Athos for men and at the Nativity of the Theotokos Monastery for women, this trip is strictly limited to 8 (eight) couples. Also, this is designed to be a spiritual renewal pilgrimage for couples. Single reservations are not available.

IMPORTANT: RESERVATION, PRICING & DEADLINES

Price	\$3,600 per person, double-occupancy. (Final price subject to change based on airfare at time of final booking.)
Included	Trip price includes: round-trip airfare from Pittsburgh; all first-class hotel accommodations with breakfasts; accommodations and meals on Mount Athos (men) and at Panorama (women); all private bus/van transfers in Thessaloniki; ferry to Mt. Athos; private sight-seeing tour of Thessaloniki; 1 dinner in Ouranoupolis and 2 dinners in Thessaloniki; gratuities for drivers and guides; taxes and transfers. Not included: Personal expenses, meals gratuities, travel protection insurance, covid testing or related expenses.
Deposit	\$500 per person non-refundable deposit required by February 15, 2023 to reserve a spot. Reservations will be received on a first-come, first-served basis. Once eight couples' reservations are received, a waiting list will be established in the event of cancellations. See the reservation form for details on deposits and payments.
Full Payment	Balance of payment is due on March 15, 2023.
Contact	For more information on the pilgrimage itinerary and requirements, contact Father John Touloumes (pilgrimage@HolyTrinityPgh.org or 412-366-8700). For reservations, deposits and payments, contact Stephen at Cloud Tours: stephen@cloudtours.com or 718-721-3808.